



Families in Focus CIC &
Central Bedfordshire
SENDIASS working together
to support parents



Parent Network



Parent Network support & information groups for parents caring for children and young people with any additional needs, chronic health condition and/or disability

Siobhann, Marcia & Sofia at **Families in Focus CIC** are running **FREE Parent Network support & information** sessions in **Biggleswade** for parents/ adoptive parents and grandparents caring for children with any additional need/physical and/or learning disability/chronic health condition including Autism, ADHD, Diabetes, etc. Non-judgemental, caring support groups for parents by parents. No need to book just turn up Run by qualified facilitators who are also parents of children with SEND.

Come and join other parents living in families similar to yours; share your experiences and knowledge gained along the way in a supportive and non-judgemental environment. Each session will include a '**Families in Focus Guide to...**' learning topic:

The Orchard Community Centre, Kings Reach, Sullivan Court, Erlensee Way, Biggleswade. SG18 8SZ

Thursdays from 10.30am to 12.30pm

19th September Meet the team & Central Beds SENDIASS speaker

17th October Helen Alan: A parents tips to support fussy eaters

21st November EHCP First Steps with Helena Independent SEND Advisor & Central Beds. SENDIASS 1:1 appts (booking essential: francine@familiesinfocus.co.uk)

19th December: Christmas tips and children with SEND

16th January Understanding & supporting Siblings & Central Beds. SENDIASS 1:1 appts (booking essential: francine@familiesinfocus.co.uk)

27th February Supporting Transitions when moving up in school

19th March Empathy: helping children communicate

21st May Central Beds SENDIASS SPEAKER & Central Beds. SENDIASS 1:1 appts (booking essential: francine@familiesinfocus.co.uk)

18th June A guide to local SEND services

16th July Tips and ideas for a happy school holidays

The Lottery funded Parent Network support & information groups also in Hemel Hempstead (x2 groups) Watford, Stevenage, and Harpenden & Hatfield.

Email: info@familiesinfocus.co.uk Join Families in Focus on Facebook & twitter